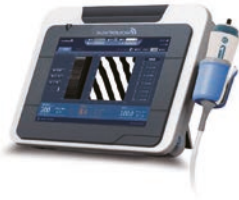


## Get To Know Your Liver



### iLivTouch®

Quantitative diagnosis of liver fibrosis and fatty liver



Non-invasive



Safe



Painless



Quick



Quantitative



Accurate



Intuitive

Remember to fast for 4 hours before your appointment and wear something that allows easy access to your abdomen so we can perform the exam comfortably.

## Lifestyle Tips

### TIPS



Ensure adequate sleep every night



Maintain good living habits



Adopt a healthy diet



Increase outdoor exercise



Early screening can reduce the incidence of liver cancer.



Patients with cirrhosis should undergo testing every six months.



More frequent testing may be required depending on the individual's condition.

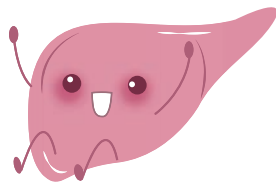


## The Silent Liver

### Understanding and Managing Fatty Liver



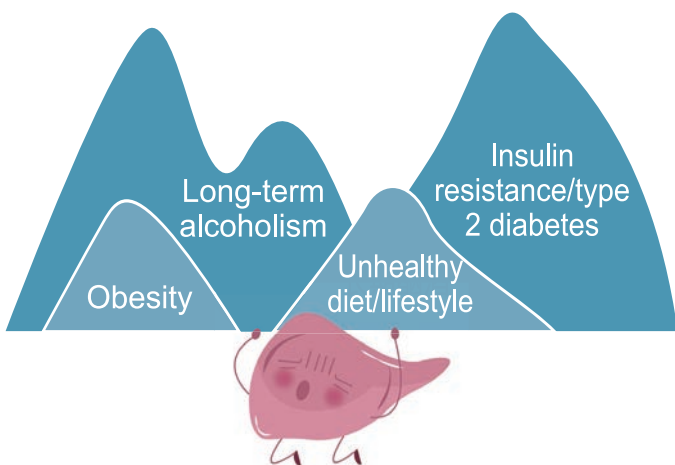
# What is Fatty Liver Disease?



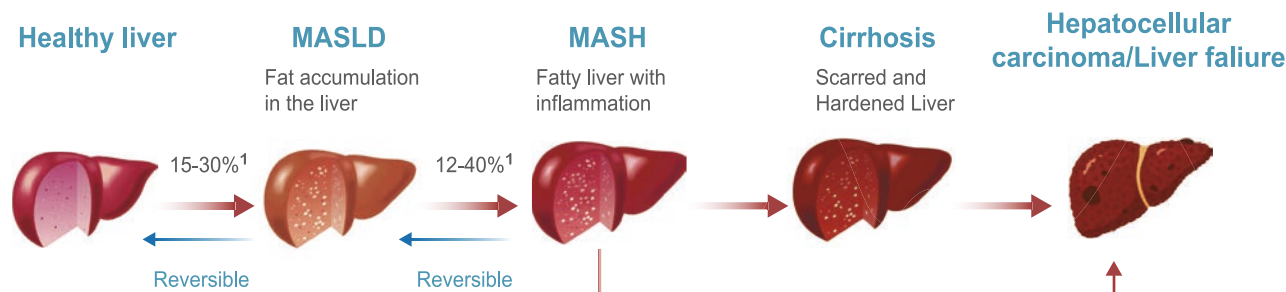
Fatty liver disease is a condition characterized by an abnormal buildup of fat in the liver, which can lead to inflammation, scarring, and potentially liver failure and liver cancer.

Approximately **1 in every 3 adults**<sup>1</sup> in the world has fatty liver disease. An estimated **357 million people**<sup>2</sup> will be affected by 2030. Because symptoms of fatty liver disease are often not overt, it is often **underdiagnosed and under-reported**.

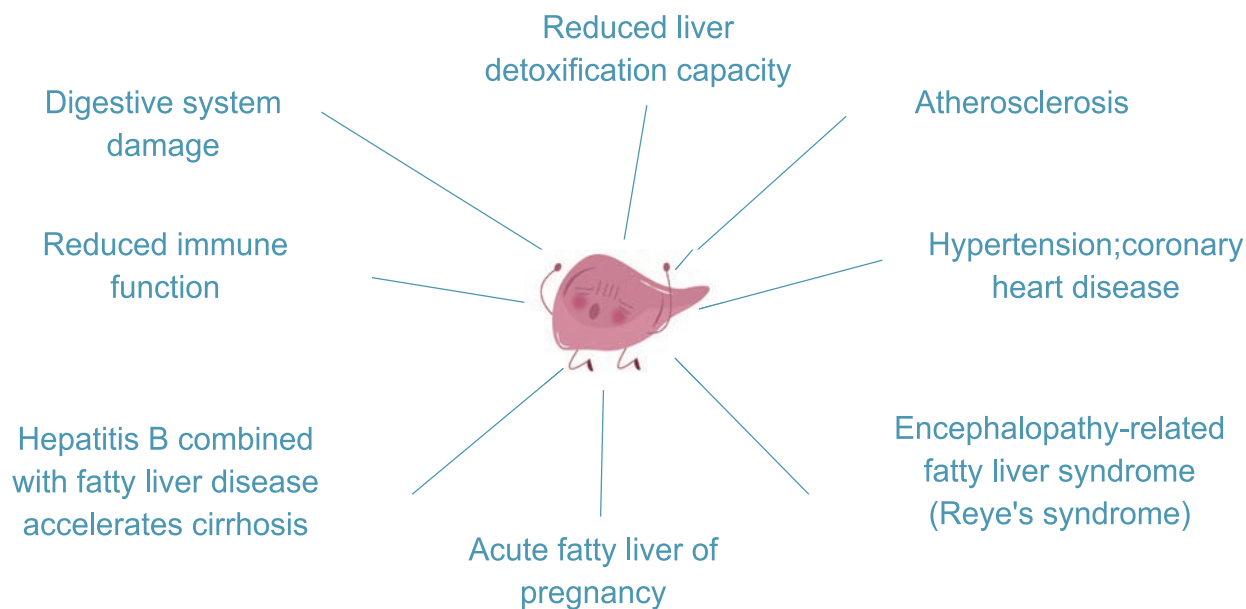
## Causes of Fatty Liver Disease



## Progression of Liver Disease



## The Complications of Fatty Liver Disease Also Need Attention



**Early Diagnosis is Key to Reversing Progression**

1. Clin Mol Hepatol. 2025;31(Suppl):S32-S50  
 2. Global Fatty Liver Day. Global Liver Institute; 2018 [cited 2025 Sep 26]. Available from: <https://globalfatty liverday.com/>